



HAMILTON-WENTWORTH CATHOLIC DISTRICT SCHOOL BOARD
ST. AUGUSTINE CATHOLIC ELEMENTARY SCHOOL
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TRUSTEE: MRS. C. CORNALE

SUPERINTENDENT: MR. M. HUCAL



An Invitation to Prayer



*Dear Lord,
 I know you receive what is in my heart.
 Let me be inspired by your words
 and by the actions of your son, Jesus.
 Guide me to make sacrifices this Lent
 in the spirit of self-denial
 and with greater attention to you
 and to those around me.
 Help me to believe that you will grant me this
 because of the sacrifice Jesus made for me.*

Confirmation Enrolment Weekend; All Grade 7 students who will be making their Confirmation at St. Augustine this year on May7, 2017, THE STUDENTS MUST ATTEND ONE OF THE MASSES at St. Augustine's Parish on the weekend of Saturday, March 4, 2017 at 5:00 p.m. or Sunday, March 5, 2017 at 9:00 a.m. & 10:30 a.m.



VIRTUE OF MONTH

The following students are recognized for their demonstration of  in the month of February.

Miss Jacobs/Miss MacFarlane	Tatiana M.
Mrs. MacCabe-Freeman	Nolan L.
Mr. Hewitson	Alexis K.
Mr. Havers	Lana M.
Mrs. Bury	Porshalynn L.
Mrs. Filice-Black	Charlotte P.
Ms. Cornale	Mylana C.
Mrs. Harold	Daniella L.
Miss Filice	Michael M.
Mrs. Ferrara	Stephanie R.
Mr. Burgio	Karly D.

VALENTINE CAKE RAFFLE

Thank you to all families who brought in cakes, cookies or cupcakes for our Cake Raffle. We received over 80 treats that were enjoyed by many!

SCIENCE FAIR

On Saturday March 4th the HWCDSB held its 35th annual System Science and Engineering Fair. Thank you to Mr. Burgio and Mrs. Ferrara for your leadership, and to all of the staff who helped prepare and judge at the school fair. Thank you to all of our volunteers who give so willingly of their time and expertise. Mr. Than and Mrs. Walker for giving your time to help our students succeed. A great big thank you to our parents, it is your continued support of the Science Fair that makes it all possible.



CATHOLIC SCHOOL COUNCIL

PANCAKE TUESDAY

A big Thank You to everyone that came out and helped and /or donated towards our Pancake Tuesday event. It was a success thanks to you! The children enjoyed the yummy pancakes. Thank you to Angel's Diner in Waterdown for the donation of pancake batter. Special thanks to Mrs. Faria-Sienna for organizing this event.



TICKETS ARE NOW AVAILABLE!!

Come out and enjoy the Toonie and Silent Auction. Tickets are \$15.00 each and include good food, music and chances to win great prizes. People are still talking about last year's auction.

This year the fundraiser will be Saturday, April 22, 2017 at St. Augustine's Parish Hall. Doors open at 7:00pm and the Auction will begin at 8:00pm.

Invite your family and friends!! Get your tickets from the School Office (905-523-2338) before they are gone!

Please contact Lori Fraser at frazess@cogeco.ca or at 905-628-9145, if you would like to donate a prize to the Toonie or Silent Auction. Donations received by Monday, April 11th will be mentioned in the program. Thank-you for your on-going support!

Our next Catholic School Council meeting will be Monday, April 3, 2017 at 6:15pm in the School Library. All are welcome!!

CYO NEWS

The following teams have finished their season and we congratulate them on their fine effort and excellent sportsmanship:

Jr. Girls' Volleyball (coached by Mrs. Cornale & Mrs. Byrne) [Congratulations to the girls who won the CYO Triple Ball Championship! Great job!](#)

Sr. Girls' Volleyball (coached by Mr. Burgio & Mrs. Ferrara)

Jr. Boys' Basketball (coached by Mrs. Harold and Miss Jacobs)

Sr. Boys' Basketball (coached by Miss Filice and Mr. Havers)

We are very proud of our teams. Know that you represent St. Augustine School well and make us all proud. A special thank you to all of our coaches for your dedication and commitment to these extra-curricular activities.



HIGHLANDER'S TRACK MEET



Congratulations to all the athletes who participated in our first Indoor Games at First Ontario Centre. Everyone put forth an excellent effort and we are so proud of you. The following athletes placed in the top ten: Michael O. placed 7th in the Bantam Long Jump. Olivia F. placed 4th in the Senior Long Jump. Daniel G. was 10th in the Bantam 600m and Tyler C. finished 10th in the Junior 600m. Roman C. placed 9th in the 300m Junior Boys. Chris P. finished 5th in the 300m Bantam Boys. Lachlan P. with an astonishing first place finishes in both the 300 and 600m Senior Boys. Our Senior Boys 4X100 relay finished 1st overall as well. The relay consisted of Jacob M., William O., Brendan M. and Lachlan P.. Our Bantam Boys 4x100 Relay with Eric M., Michael O., Daniel G. and Chris P. finished 3rd overall. The mixed relay with Jacob M., Brendan M., Reese C. and Julia S. placed 4th overall. The mixed bantam relay with Eric Medeiros, Chris P., Samantha G. and Kate M. placed 7th overall. Congratulations!

SAVE THE DATE: FRENCH CULTURE DAY

On Thursday, April 6, 2017 we will be celebrating our annual French Culture celebration. Students will be immersed in French traditions and style. If families wish to donate raffle items, please contact the school. A menu order form will be sent home with your child in the weeks to follow. We look forward to celebrating this special event with our school community. Merci beaucoup!

LOCKDOWN DRILL

As a part of our dedication to keeping our students safe we will be practicing our lockdown procedures this month.

DAYLIGHT SAVING TIME



It will start on March 12, 2017. Turn your clock ahead one hour, Saturday, March 11th before going to bed.

MARCH BREAK



Please note that the March Break will begin on Monday, March 13, 2017 and go until March 17, 2017. School begins again on Monday, March 20, 2017. If your family is planning an early or extended March Break, please remember to inform the school prior to your holiday.

HAMILTON FAMILY ENGAGEMENT INITIATIVE

WORKING FOR A SAFE AND HAPPY FUTURE FOR OUR CHILDREN AND OURSELVES

Afraid of a future that seems unable to accommodate a good life for your son or daughter?

What are the basic steps we can put in place now to bring peace of mind later?

Ⓞ What is Estate planning?

Ⓞ What is a Henson Trust; do I need one in my will?

Ⓞ What is Guardianship?

Ⓞ Should I have Power of Attorney? Should my son or daughter who has a dis-ability, have a Power of Attorney

What is the new Medical Assistance to Die law? How does it affect people with disabilities?

Ⓞ How can I protect my child's benefits such as the ODSP?

Ⓞ Can my child who has a developmental disability inherit my estate?

Please join us to explore these issues with lawyer, Michael McHugh. Michael has worked with people with disabilities and their families for over 20 years providing important access and understanding to the many legal issues that concern their well-being. With his vast legal expertise and commitment to people with disabilities, he has enriched the lives of families in our community.

Date: March 23, 2017

Time: 7:00 pm to 9:00 pm

Location: 220 Cranbrook Drive, Hamilton

RSVP: hamiltonfamiliesmatter@gmail.com

or call 905-525-4311

Sponsored By:



Hosted by: Hamilton Family Engagement Planning Committee

(representing Hamilton Family Network, Hamilton Down Syndrome Association, Rygiel Supports For Community Living, Community Ontario Family Engagement Steering Committee)

SERE ECO NEWS

FEBRUARY, 2017

Is bottled water safer or more healthy than tap water? In the feedback from staff and parents regarding single-use water bottles, a number of respondents cited a belief that bottled water is “safer” to drink than tap water. Statistics Canada has revealed that many Canadian households use bottled water as their main source of drinking water as they believe it is safer than public tap water.

HOW SAFE IS CITY DRINKING WATER?

Government regulations require the highest standards from municipalities regarding drinking water. Hamilton has an excellent water management system that provides clean and healthy drinking water.

The following procedures are followed by the city of Hamilton to ensure our drinking water is safe:

Hamilton tap water is drawn from an intake pipe 1 km from the shore, and 10 metres above the bottom of Lake Ontario. Chlorine, to kill bacteria, is added to the water as soon as it enters the pipe. Once it comes into the treatment plant, fluoride and a second round of chlorine are added. Next it goes through a “rapid mix of fine particles. After passing through a carbon filter, it is treated with a third round of chlorine and a second round of fluoride. After being tested by monitoring systems, both online and in the lab, the water is finally cleared for pumping into the city water system.

Please Note: The city tests the water many times every day and in different locations. Thousands of tests are done on the drinking water every year.

HOW SAFE IS BOTTLED WATER?

Health Canada states that there is no evidence that bottled water is safer than tap water. In fact, bottled water may contain harmful chemicals.

Dr. William Shotyk, Canadian Director of the Institute of Environmental Chemistry, found PET bottles leach a dangerous toxin called antimony into the water they contain. The longer water stays in plastic bottles the more chance there will be some leaching. In addition, if water bottles are kept in a warm place, especially after the bottles are open there is even more chance of contamination. Remember, once water companies bottle water, there is no further testing of that water. In the meantime the City of Hamilton is testing water continuously.

But it is not just drinking directly from disposable plastic water bottles that may be unhealthy. On the global scale, millions of discarded bottles find their way into the environment, local landfills and streams, lakes and oceans. Scientists have discovered that over 1 million sea creatures are killed each year because of plastics in the ocean. And we ingest these plastics. More than 90 per cent of Canadians have detectable levels of bisphenol A (BPA), a chemical used in the manufacture of single-use water bottles, a new report highlighted by CBC

suggests. See <http://www.cbc.ca/news/technology/bpa-contaminants-found-in-most-canadians-1.971088>

For an excellent 4-minute video by Jeff Bridges on the health effects of plastic in our environment, see “Open Your Eyes,” at <https://www.youtube.com/watch?v=9zmvqkIM-A>

The evidence seems to suggest that the water in plastic water bottles (which is often taken from public municipal sources directly) is no safer than tap water, and may in some situations be less healthy. In terms of the Stewardship of Creation, there is no question that single-use disposable plastic water bottles are far more toxic than the systems used to provide tap water to everyone, virtually free of charge.

