



HAMILTON-WENTWORTH CATHOLIC DISTRICT SCHOOL BOARD
ST. AUGUSTINE CATHOLIC ELEMENTARY SCHOOL
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MARCH 2016 NEWSLETTER

An Invitation to Prayer

During this time of Lent, help us to trust you more and draw closer to Jesus so that you will be our center and we will put nothing before you and your people.

Give us caring minds to see where we may hurt others, and forgiving hearts to let go Of our own hurts and make up with those Who have caused them.

Help us to see that we all have different gifts with which to praise you and help one another.

May we become more firmly entered in you and united in harmony and peace together as your family. AMEN.



Adapted from Prayer written by Jnne Heiberg's found in "Arts and Crafts for Lent" Paulit Press 1997.

Confirmation Enrolment Weekend; All Grade 7 students who will be making their Confirmation at St. Augustine this year on **April 24, 2016**, THE STUDENTS MUST ATTEND ONE OF THE MASSES at St. Augustine's Parish on the weekend of Saturday, March 5, 2016 at 5:00 p.m. or Sunday, March 6, 2016 at 9:00 a.m. & 10:30 a.m.

VIRTUE OF MONTH

The following students are recognized for their demonstration of  in the month of February.

Mrs. Bacik/Miss MacFarlane –
Mrs. MacCabe-Freeman/Mrs. Clausen – William T.
Mr. Havers – Emmerson W.
Mr. Hewitson – Rohan H.
Mrs. MacEachern – Noah L.
Mrs. Bury – Genevieve C.
Ms. Cornale – Rachel A.
Mrs. Harold – Joshua M.
Miss Filice – Jacob L.
Mrs. Glavic – Margo Y.
Mr. Burgio – Sangeeth A.

ECO NEWS

During the month of March our St. Augustine ECO team will continue to be active in promoting a green and clean environment. Some of the initiatives of the month will be: a Battery Round-Up, Earth Hour and Water Day. A gentle reminder that Fridays are waste free lunch days. We are encouraging the use of re-useable containers.

VALENTINE CAKE RAFFLE

Thank you to all families who brought in cakes, cookies or cupcakes for our Cake Raffle. We received over 80 treats that were enjoyed by many!

CHESS TOURNAMENT

Any student interested in playing Chess from Grades 1-8 have been meeting weekly during the lunch hours. Thank you to Mr. Wedekind for organizing this club. Chess Tournament is on April 26, 2016



SCIENCE FAIR

On Saturday February 27th the HWCDSB held it's 34th annual System Science and Engineering Fair. Our students continues St. Augustine's achievement of excellence. Our school was one of only five schools that were awarded a Gold medal. Thank you to Mr. Burgio and Mrs. Glavic for your leadership, to all of the staff who helped prepare and judge at the school fair. Thank you to all of our volunteers who give so willingly of their time and expertise. Mr. Than and Mrs. Walker for giving your time to help our students succeed. A great big thank you to our parents, it is your continued support of the Science Fair that makes it all possible.

Congratulations to our students!

1. Road Salt Ruination (Jessica C. - Gr. 8) Gold Medal
2. Too Cool for Stool (Marcus R. - Gr. 8) Gold Medal
3. Rapid Red Bull (Hannah M. - Gr.8) Gold Medal
4. Ski Wax: Fast or Friction: (Joshua S. - Gr. 6) Gold Medal
5. Ice, Ice, Baby (Kathleen F. & Kate M. - Gr.5) Silver Medal
6. How Does Fish Food React in Water? (Rachel A. & Elizabeth S. - Gr.4) Silver Medal

CATHOLIC SCHOOL COUNCIL

PANCAKE TUESDAY

A big Thank You to everyone that came out and helped and /or donated towards our Pancake Tuesday event. It was a success thanks to you! The children enjoyed the yummy pancakes. Thank you to Angel's Diner in Waterdown for the donation of pancake batter. Special thanks to Mrs. Faria-Sienna for organizing this event.



TICKETS ARE NOW AVAILABLE!!

Come out and enjoy the Toonie and Silent Auction. Tickets are \$15.00each and include good food, music and chances to win great prizes. People are still talking about last year's auction.

This year the fundraiser will be Saturday, April 16, 2016 at St. Augustine's Parish Hall. Doors open at 7:00pm and the Auction will begin at 8:00pm.

Invite your family and friends!! Get your tickets from the School Office (905-523-2338) before they are gone!

Please contact Lori Fraser at frazess@cogeco.ca or at 905-628-9145, if you would like to donate a prize to the Toonie or Silent Auction. Donations received by Monday, April 11th will be mentioned in the program. Thank-you for your on-going support!

Our next Catholic School Council meeting will be Monday, April 18, 2016 at 6:45pm in the School Library. All are welcome!!

CYO NEWS

Congratulations to the Junior Boys Basketball team who went undefeated in the 2015 regular season and play-off tournament. After an intense game on Monday night, they captured the win in the Junior Boys CYO finals against St. Kateri. Determination, perseverance, teamwork, and sportsmanship was displayed by each of the boys. This year's team members include: William O., Brendan M., Lachlan P., Jacob M., Liam M., Michael F., Aivona I., Chris P., Bryce S., Michael O., Evan C. Congratulations boys! St. Augustine's School Community and your coaches are very proud of your accomplishments!

Congratulations to the Junior Boys Basketball team on a fantastic season. All of the boys played hard and showed great sportsmanship and determination. Congratulations to Michael, Chris, Bryce, Vince, Evan, Josh, Eric, Ethan, Aidan, Juancarlos, Jimmy, and Noah.

The following teams have finished their season and we congratulate them on their fine effort and excellent sportsmanship:

Jr. Girls' Volleyball (coached by Mrs. Cornale)
Sr. Girls' Volleyball (coached by Mr. Burgio)
Jr. Boys' Basketball (coached by Mrs. Harold and Mrs. Medieros)
Sr. Boys' Basketball (coached by Miss Filice)



We are very proud of our teams. Know that you represent St. Augustine School well and make us all proud. A special thank you to all of our coaches for your dedication and commitment to these extra-curricular activities.

DAYLIGHT SAVING TIME



It will start on March 13, 2016. Turn your clock ahead one hour, Saturday, March 12th before going to bed.

MARCH BREAK



Please note that the March Break will begin on Monday, March 14, 2016 and go until March 18, 2016. School begins again on Monday, March 21, 2016. If your family is planning an early or extended March Break, please remember to inform the school prior to your holiday.

This year, the Health Action Team has decided to focus on Mental Well Being. Mental Well Being is very different from Mental Illness. Mental Well Being means that your children can handle stress and challenges in a healthy way, make and keep friends, know and manage their feelings, make good decisions, and be hopeful about their future.

We have identified 5 ways of Mental Well Being and parents and caregivers play a very important role in them. The 5 Ways are Connecting, Being Active, Being Creative and Playing, Learning and Taking Notice. Every month we'll be putting in ideas of how you can help your child do things that foster their Mental Well Being.

This month we'll talk about one of the 5 ways to build Mental Well Being, Connecting. Connecting is the Way of Mental Well Being we will be focusing on this year at St. Augustine.

Connect

Strong, healthy relationships can give your children a sense of belonging, improve their self-esteem and lead to greater happiness. Here are some things you can do to build connections with and for your children:

* Sit down for family meals

- * Go for walks together
- * Play games
- * Make playdates so your child sees friends (not just speaking online or by phone)
- * Register them in afterschool clubs, sports, etc. to widen their circle of friends

At the request of parents - a conference to learn more about being safe in an online world



Do you want to keep your child and teen safe in an online world?

Our children are growing up in a digital age with constant change. The use of the Internet, cell phones, online games and applications (apps) are part of this world. While the online world can offer many advantages and opportunities, it has the potential to cause harm. It is important for both parents and youth to learn how to safely use the tools of the online world.

Learn about:

- How to protect your privacy
- How to do a safe search, how to track and block a search
- What is a digital footprint and why you need to know about it
- How social media can affect emotional well being

Join us. Learn useful ideas for living safely in our online world.
There is no charge to attend.

Date: Tuesday April 5, 2016
Time: 7 to 9 p.m.
Location: Michelangelo Banquet Centre
1555 Upper Ottawa

Call: 905-645-5021 for more information

